An Introduction to the Dementia and Memory Pathway

As an organisation we have a Memory and Dementia Care Pathway across South Staffordshire that provides specialist help for people with memory problems and who have a diagnosis of dementia.

We are available Monday to Friday, 9am to 5pm (except for bank holidays). We can work up to 8pm on these days if required.

If you need help and advice and are already known to our services...

9am to 5pm Monday to Friday, please contact The Memory Service direct (telephone numbers overleaf).

At other times, use the Access Service telephone number which is 0300 124 0365

What you can expect from us

- Easy access into service
- Initial assessment
- Diagnosis
- Treatment

What we ask of you

We hope that you and your family or carers will work with us to agree on the best way forward to help you with your memory problems.

The Team

The Memory and Dementia Pathway has a whole team approach, the team consists of consultant psychiatrists, middle grade doctors, clinical psychologists, occupational therapists, nurse practitioners, mental health nurses, assistant practitioners and health care support workers. There are specialist nurse practitioners in memory clinics to help with earlier diagnosis and treatment.

Clinical Care

This service offers specialist memory assessment, diagnosis and treatment. We also provide advice and information for you and anyone who cares for you. You will be supported by your care coordinator who will regularly review your care.

You should be offered a first assessment within two weeks of referral. This allows us to meet with you and your family or carers to find out more about your current problems or if you have any anxieties or concerns about the service or the next steps in your care.

Additional support may be required to enable you to remain at home. The aim is to avoid hospital admission wherever possible. The Home Treatment Service supports people with dementia and their carers at home.

Future Planning and Sharing Your Care Plan

To ensure your care is provided in a consistent way we may have to share your care plan with other parts of our service and, with your consent, with other agencies, in order to help you and where possible, avoid going into hospital.

Cognitive Stimulation Therapy (CST)

This is a 14 week programme of activities covering different topics which are designed to help your memory and mental abilities.

Link With Partner Agencies

There is an opportunity for you or your carer to meet other people in social groups or contact other services that can offer support.
“I have Dementia. My eyes do see, my ears do hear, I am still me so let’s be clear, my memory may fade, my walk may slow I am me inside don’t let me go”