An Introduction to the Memory and Dementia Pathway
As an organisation we have a Memory and Dementia Service covering Shropshire and Telford. The team provides specialist help for people with memory problems or a diagnosis of Dementia.

We are available Monday to Friday, 9am to 5pm (except for bank holidays)

If you need help and advice and are already known to our services…
9am to 5pm Monday to Friday, please contact the Memory Service direct. (telephone numbers overleaf).

At other times, use the Access Service telephone number which is 0300 124 0365

What you can expect from us
Easy access into service
Initial assessment
Diagnosis
Treatment

What we ask of you
We hope that you and your family or carers will work with us to agree on the best way forward to help you with your memory problems.

The Team
The Memory and Dementia Pathway has a whole team approach; the team consists of consultant psychiatrists, clinical psychologists, occupational therapists, nurses, assistant practitioners and health care support workers. There are specialist nurse practitioners in memory clinics to help with earlier diagnosis and treatment.

Clinical Care
This service offers specialist memory assessment, diagnosis and treatment. We also provide advice and information for you and anyone who cares for you. You will be supported by a member of the team who will regularly review your care.

You should be offered a first assessment within two weeks of referral. This allows us to meet with you and your family or carers to find out more about your current problems or if you have any anxieties or concerns about the service or the next steps in your care.

Additional support may be required to enable you to remain at home; this may include liaising with other services. The aim is to avoid hospital admission wherever possible.

Future Planning and Sharing Your Care Plan
To ensure your care is provided in a consistent way we may have to share your care plan with other parts of our service and, with your consent, with other agencies, in order to help you and where possible, avoid going into hospital.

Cognitive Stimulation Therapy (CST)
This is a programme of activities covering different topics which are designed to help your memory and mental abilities.

Link With Partner Agencies
We work closely with other agencies and services throughout the county who may be able to offer additional support and advice to you and your family.
We would be interested in your feedback on this leaflet. To comment please contact the Involvement and Experience Team involvement@mpft.nhs.uk

Useful Links

ALZHEIMER’S SOCIETY
www.alzheimers.org.uk

AGE UK
www.ageuk.org.uk

NHS CHOICES
www.nhs.uk

MPFT takes no responsibility for the content of external websites

We would be interested in your feedback on this leaflet. To comment please contact the Involvement and Experience Team involvement@mpft.nhs.uk

If you require this information in another language, in larger print, in easy read or any other format, please contact PALS on 01785 783026 or pals@mpft.nhs.uk

Ref: ME05 Ver 18/02 June 2018

“I have Dementia.
My eyes do see, my ears do hear,
I am still me so let’s be clear,
my memory may fade,
my walk may slow
I am me inside
don’t let me go”