

PEEP

people empowerment partnerships

Talk



Midlands Partnership

NHS Foundation Trust

A Keele University Teaching Trust

Vol 1 Issue 3: September 2018



people

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Holiday fun for old and young alike

Youngsters from a local nursery joined together with elderly patients for a fun day of summer holiday reminiscing and an ice cream in the glorious sunshine at St George's.

Children from nearby Dollymixtures Nursery spent some time with patients on the Older Adult wards at St George's in Stafford for an intergenerational session organised by the Baswich and Bromley Ward Occupational Therapy Team and Arts for Health.

Young and old came together to talk and reminisce about holidays gone by

and explore different items relating to holidays. There were summer songs, postcards and even a sand box complete with bucket and spade.

However, the highlight of the day was when the unmistakable chimes of an ice cream van, organised especially for the day, made its way on to the site and patients, children and staff were all able to enjoy an ice cream in the sunshine.

The ice cream 'tokens' that were provided in exchange for a cold treat were made by the patients during an art group prior to the visit.

Hannah Lewis, Occupational Therapist on Bromley Ward, told PEP Talk: "The session provides cognitive stimulation and joy for our patients and the positive effects of the group can be seen long after it has finished.

"After the session was over the rest of the patients from Baswich and Bromley wards were also able to enjoy an ice cream in the sunshine and we even had a few visitors from other wards. The session was a great success and thanks to Dollymixtures nursery and to all involved."





Bus shelter gets artistic makeover thanks to service users and staff

partnerships

A Tamworth bus shelter has been given a colourful and artistic makeover thanks to service users and staff at the George Bryan Centre.

The shelter, outside Tamworth Railway Station, has been brightened up as part of an ongoing project to regenerate the station and to enhance the view that greets visitors as they step off the train.

It also adds to Tamworth Borough Council's Catch Art project, which has now seen nine bus shelters across the town being given colourful new makeovers by local children, schools and community organisations.

This latest transformation was funded by Tamworth Borough Council in partnership with Arts for Health.

It was delivered by a number of organisations working together including MPFT's the George Bryan Centre, Arts for Health, Tamworth Borough Council's Arts & Events team, Art Recruitment Tamworth and local artist Andy Nash.

Andy, who teaches art and design at South Staffordshire College, visited the George Bryan Centre in Mile Oak to work with people who use the centre's services to create original artwork which was then transferred onto panels and installed in the bus shelter by Art Recruitment Tamworth.

The designs represent iconic images of Tamworth, as well as aiming to illustrate how it feels to be supported by family, friends and hospital staff during times of crisis.

Helen Wilson, Arts for Health Project Worker at MPFT, said: "This fantastic project enabled participants to be part of a local community project that will be regarded as a piece of public art. This gave them the opportunity to work with a professional artist and learn new skills, as well as boosting self-esteem. The completed panels look grand and colourful in the bus shelter and we're very proud of what has been achieved."

Home First team pay tribute to a much-loved colleague

people

The Home First team in East Staffordshire have paid tribute to a much-loved friend and colleague who died earlier this year by taking on a sponsored walk in her memory.

The team arranged the sponsored walk in memory of Lou Copeman who sadly died in May 2018 and through the walk raised money for the British Heart Foundation in her honour.

They walked 10.5 miles along the canal in Burton, from Stenson Lock to the Bridge Inn in Branston along the Trent and Mersey canal, stopping to raise a toast to Lou.

A fabulous time was had along the way and they have so far raised a fantastic £1,720 for the charity.



Listen and Respond

An opportunity to have your say on local mental health services in Shropshire

Wednesday 19th September

1.30pm - 3.30pm

The Lantern,

Meadow Farm Drive,

Shrewsbury, SY1 4NG

Bus route 24 or free parking

Refreshments provided





My work experience week - Thomas Starkey

people

“To understand the different parts that go into the creation, design and function of the variety of apps used was very useful. I was also able to see this area’s plans for the future, as well as current development, something I was fascinated by.

“Furthermore, I saw some of the areas that affect the future of IT within the Trust. Having spent time with a variety of positions, ranging from new apprentices to the Chief Executive, I have gained an invaluable insight into everything that influences IT within the NHS.

Thomas Starkey spent a week with the IT team at Mellor House recently as a part of his work experience and has spoken to PEP Talk about his time at the Trust:

“Much of the time I spent with the IM&T team was very intriguing. It gave me an insight into digital working, providing many important services in many areas.

“Application development plays an important role in the function of the NHS, especially in RIO.

“The SSHIS is another section of IT that was particularly interesting. Learning about the physical aspects of the computing here showed there are several sides to this department, with tasks ranging from network installation to the programming of the computer software and operating systems.

“The week provided excellent advice about the modern workplace and has inspired me to further my interest in computing. I am very grateful to those who gave up their time to facilitate my work experience and I really appreciate all of your efforts.”

“In addition, I spent time with the clinical support team whose work to help others through solving issues ranging from servers to RIO faults was invaluable.

Messages of hope at Willow Ward

empowerment

Willow Ward at St George’s has successfully launched a new project which has seen patients discharged from the ward leave inspirational messages to patients remaining in hospital.

The ‘safewards’ project has received excellent feedback since it was launched and a service user has created a fantastic piece of art to display the messages of hope for people currently in secure care.

Ward manager Laura Hawkins told PEP Talk: “The idea is that people being discharged will leave a message to inspire others who are still in hospital. The messages are captured on stars and displayed within a space themed atmosphere.

“In addition to the bright colours, different languages spelling the words ‘stars of hope’ and unique drawings, it has also been fitted with LED lights to give it the WOW factor. The pictures have been displayed on the safewards worldwide social media page and have been viewed by hundreds of people across different countries.

“The feedback from people has been brilliant. Messages of hope are significant and can impact upon people’s recovery. We feel extremely proud of this wonderful initiative and are excited to see it progress.”



Family scale Ben Nevis for district nurse team who cared for mum

partnerships

A family and their friends from the Staffordshire Moorlands have climbed the highest mountain in the British Isles and held a series of fundraising events to raise money for the district nursing team who cared for their mum before she sadly passed away.

The lady had been on the Leek district nursing caseload for end of life care and was nursed at home during her final weeks.

Her family decided they wanted to give recognition to the care the nurses provided, which included a fantastic example of working in partnership together for the communities we serve, when the out of hours nurse was supported by the local fire service to get through heavy snow in the Moorlands to get to the patient.

The family thought it was amazing that the community all came together in such a way and recently climbed Ben Nevis and held quiz nights to raise funds for the district nurses in their loved ones memory.

Palliative Care Lead Maria Ambrose, who was formerly District Nurse Sister at Leek said: "The team would like to say thank you to the family for their efforts in taking on this challenge and their generosity in recognising the team this way with this wonderful gesture."



Top GP makes visit to Trust

partnerships

The Trust had the honour of welcoming Dr Helen Stokes-Lampard, Chair of the Royal College of General Practitioners (RCGP), for a wide-ranging discussion.

Dr Stokes-Lampard, who is also a local GP in Lichfield, visited in August and Chair Martin Gower introduced local speakers who set out the vision and ambitions of the Trust.

Dr Helen Stokes-Lampard welcomed our STP vision of integrated primary teams aiming to deliver:

- High quality, clinically effective and integrated care wrapped around the patient and not constrained by organisational boundaries
- Sustainable primary care services with a multidisciplinary workforce delivering quality care in the most appropriate setting
- Primary Care Hubs delivering GP care across localities
- 23 locality-based Integrated Community Care Teams (including physical health, mental health, social care and voluntary sector services) across Staffordshire delivering care to communities of 30,000 – 70,000 people
- Eight specialist teams delivering more specialist services at scale across populations of 90,000 to 180,000

Associate Medical Director Public Health Zafar Iqbal told PEP Talk: "We had a broad-ranging discussion on the current challenges facing the NHS and primary care in particular. Currently there is a perfect storm developing with patients living longer with more long-term complex conditions, escalating workload and not enough GPs being able to provide enough consultations.

"Many of the solutions lie with organisations like MPFT who can provide the preventative pro-active care as an alternative to hospital-based care, sometimes described as a 'left shift'. Dr Stokes-Lampard urged us to take GPs with us as partners on this journey and suggested in jest we learn 'GP Language'."

Zafar added: "Dr Stokes-Lampard has a special interest in tackling loneliness and isolation which she regards as major public health issues. She made a special point of listening to the views of GP and Public Health trainees who were present at the meeting."



HSJ Award nomination for Freedom to Speak Up team

partnerships

MPFT's work to create a culture where staff feel able to raise concerns has been recognised with a nomination at the healthcare industry's leading awards ceremony.

The Trust's Freedom to Speak Up team – led by MPFT's Freedom to Speak Up Guardian's Helené Donnelly and Kath Chambers – has been shortlisted in the Creating a Supportive Staff Culture category at the 2018 HSJ Awards.

This is a great achievement for the team and is recognition of the excellent work done in partnership between the Freedom to Speak Up teams at both previous Trusts' prior to the merger and since we became MPFT.

The team will now go to a judging day in London in October before attending the awards ceremony at the InterContinental O2, London on 21 November 2018.

Meanwhile Emma Powell, formerly an Ambassador for Cultural Change and Freedom to Speak Up Guardian at MPFT, has helped to support colleagues to imbed the programme at a neighbouring NHS Trust.

Emma supported her fellow Guardian at The Royal Wolverhampton NHS Trust (RWT), Neelam Meehay, by providing Freedom to Speak Up training to staff at her organisation (pictured above).

Emma attended a two day 'Train the Trainer' course run by the National Guardians Office in March. Sadly Emma has recently left the Trust and we wish her well in her future endeavours.

MPFT has a dedicated team of Cultural Change Champions who support and promote Freedom to Speak Up. At their next meeting in September the training will be shared with them. If you would like more information about becoming a Cultural Change Champion please contact Helene Donnelly or Kath Chambers: Helene.Donnely2@mpft.nhs.uk, Kathleen.Chambers@mpft.nhs.uk

Stay Flu Safe

people



Flu season will soon be here and to ensure that staff, patients and service users are protected from flu we will be launching our annual flu campaign very soon!

Plans are now in place for 2018/19 and clinics will be offered to staff across the Trust from late September. Please keep checking the Intranet for an update on clinic dates.

The flu vaccination remains the best way to reduce the risk of staff contracting the flu virus and transmitting it to patients or their family members.

It is worth remembering that healthcare workers may transmit the illness to patients even if they are mildly or sub-clinically infected.



Bladder & Bowel Conference – Taking Control on Continence

Wednesday 26th September 2018

Aquarius Ballroom
Victoria Shopping Park,
Hednesford, Staffs

WS12 1BT

This interesting event will be open to both North and South health care professionals and will aim to promote effective continence treatment & management as well as good practice in bladder & bowel care.

Bookings for this event may be made via OLM. More information available on the Trust intranet.





A Smoothie Bike!

people

We are very excited that a smoothie bike will be at the annual Trust Festival on the Facilities and Estates stand.

Just in case you're wondering, smoothie bikes are stationary pedal bikes with a blending jug attached to the front wheel.



The energy is transferred from the movement of the pedals, through the wheel, which then drives the dynamo. The dynamo is connected to the blender base fitting, turning the blades which blend your smoothie.

Get pedalling to power a smoothie bike and make yourself a refreshing smoothie at this years' Trust Festival.



You can also talk to our Sustainability Champions about Trust sustainability and our plans to tackle energy, waste, climate change, partnership and lots more.

Bring lots of your energy, a glass/mug and have fun. We will see you on 12th September at the F&E stand in the Learning Centre, St. George's Hospital.

For more information contact Monika Hornakova – Energy Manager Monika.Hornakova@mpft.nhs.uk or phone ext. 7128321.

Your CEO on the Frontline

people

On 12 August, Neil visited the Cannock Team at the Colliery Practice. He said: "I went out with Graham and met with three patients. The level of care and compassion delivered was superb. Carers also asked for advice and it was delivered in an easy to understand way."



On 15 August, Neil had a fantastic visit to Greenhill Practice in Lichfield, he said via Twitter: "Absolutely first class, true integrated care in action #teampft."



On 28 August, Neil tweeted: "I had a great day in Lichfield last week - the Social Care team are really making a difference - building strong relationships with the acute trust, challenging each other and giving constructive feedback and working fantastically as a team."



And: "It was really good to get back to the sharp end of what its all about! I shadowed DN Victoria in Tamworth who met with many patients with scheduled and new appointments who needed to work very flexibly. Victoria manages lots of patients with complex needs - a real eye opener."





Mayor of Tamworth supports Research at MPFT

empowerment



The study, led by Cardiff, Swansea and Bangor Universities, aims to improve our understanding of why some people experience mental health conditions by exploring genetic, biological and psychological factors.

It explores potential factors contributing to mental health conditions by comparing information from individuals who have experienced a mental health condition in their lifetime and those who have not.

In the long term it is hoped that the study will improve understanding of mental health conditions and possibly lead to new ways of diagnosing, treating or even preventing these conditions.

MPFT's Research and Innovation (R&I) department would like to say a huge thank you to Councillor Peter Thurgood, the Mayor of Tamworth, for taking part in a National Centre for Mental Health (NCMH) research study.

Our R&I team have recruited over 800 individuals into the study so far including service users, carers and staff members (including Chief Executive Neil Carr). Dr Samia Abdalla leads the study for the Trust as Principal Investigator.

Who can take part?

- Any adult with experience of any mental health condition
- Healthy volunteers

What does taking part involve?

- A one-off meeting with a member of the MPFT research team that would take between 30-60 minutes
- Completion of a brief assessment and provision of an optional blood or saliva sample (for the genetic data)
- A questionnaire to complete in your own time and post directly back to the study team

We would like to thank all those at the Trust who have supported the NCMH study so far, by participating directly and supporting with promotion.

For any additional information about the study please get in touch with the R&I Team: research@mpft.nhs.uk, 01785 783170 or on Twitter: @MPFTResearch

Staffordshire Special School Nursing staff join MPFT

people

The Children and Families Care Group has been successful with their bid to deliver Special School Nursing Services to children and young people across Staffordshire. As a result, the service went live on 1 September 2018 and the Care Group is very pleased to welcome the transfer of 20 staff from Birmingham Community Healthcare NHS Foundation Trust.

The special school nursing model will be an innovative and modern service which meets the needs of children, young people and their families. Our aim is to enable uniformity of approach and process for children and families and support better patient journeys and outcomes for children through co-production of services and pathways.

Since award of the contract we have been working collaboratively to manage a safe and seamless transfer for patients and staff to MPFT. The Children and Families Care Group would like to thank colleagues across corporate services and staff within the clinical team in helping to ensure a smooth transfer.

Kieron Murphy, Managing Director Children and Families Care Group, said "I am delighted to welcome the Special School Nursing Service into our Care Group. This is an exciting time for services for Children and Families as we seek to integrate physical and mental health support in a way that wraps around the family. The skills that Special School Nurses bring will be a vital part of that wrap around care."

The Care Group has significant experience in delivering services for children and young people (School Nursing, Special School Nursing, Health Visiting, Children's Community Nursing, CAMHS, Looked After Children, School Aged Immunisations, Paediatric and Perinatal services) and are committed to supporting the staff to deliver the Special School Nursing service which will be facilitated and supported through the Care Groups clinical and professional leadership structure.





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Roll out the bunting!

Trust Festival and Annual Members' Meeting

Wednesday 12th September

Celebration 10.00 – 13.15

Annual Members' Meeting 13.15 – 15.30

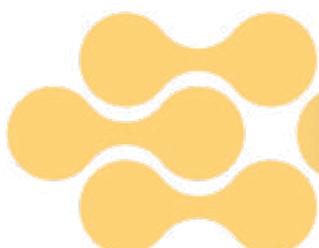
Learning Centre, St George's Hospital, Corporation Street, Stafford

Join us for tea and cake, live music and interactive stands and displays from a range of our services.

We're interested to hear your ambitions for the NHS and Midlands Partnership NHS Foundation Trust for the next 70 years!

Come along and share your stories. Bring with you any items you have from the last 70 years of the NHS.

People  **Empowerment**  **Partnership** 



Together we are making life better
for our communities



Introducing the Information Management and Technology (IM&T) Directorate

people

Each month, PEP Talk will feature one of our new directorates or care groups; this month it's the turn of the Information Management & Technology Directorate.

The Director of IM&T is Pete Kendal, who is supported by Martyn Perry, Associate Director for IM&T Transformation and Adrian Marsden, Associate Director Information and Contracting. The Directorate is tasked with delivering:

Clinical Systems Development, Management and Support

There are in excess of 130 systems used to capture clinical information on behalf of patients. The team will consolidate these systems to improve patient experience and ensure effective reporting and evidence clinical performance. We will identify additional functionality of existing technology to support new ways of working and provide locality based and helpdesk support.

Systems Training

The team offers training related to clinical systems, core software such as the Microsoft Office suite, bespoke training in support of specific project areas and a diverse range of platforms including online eLearning, quick reference guides, video tutorials, Microsoft eLearning and access to the national IT Skills Pathway.

Information Governance and Records Management incl. FOI

The team will provide IG support and advice, working to ensure that processes and documentation are aligned to the requirements of the Information Commissioner's Office and the General Data Protection Regulation (GDPR) Act. We will ensure that the systems we use are robust and resilient, and as secure as it is possible to make them. We will also provide a Freedom of Information (FOI) function to meet our statutory obligations and the needs of the public.

Contracting and Contract Management

The team will effectively manage contracts associated with the delivery of clinical services. We will establish a database to coordinate agreements, provide support and advice, working with commissioners to ensure that we meet our contractual obligations and that the key performance indicators for the services we provide are appropriate, relevant and agreed with the clinical teams who are accountable for their delivery.

Data Warehousing and Business Analytics

By moving away from traditional technology platforms, we will enable our staff to spend less time processing data and more time understanding it which will inform improved models of clinical care. We will empower staff and commissioners to interrogate data and to seek out data that will support the delivery of evidence based models of care. The business analytics function will provide feedback to clinical teams where concerns have been raised.

Currency Development

The team will work in close partnership with local providers and commissioners to develop payment approaches that will support integrated care models and the mix of payment approaches linked to outcomes and recovery. This will support a move to agreed pricing for episodes of care.

Application Development

By consolidating systems and listening to the workforce we will seek to reduce the number of clinical pathway variations, improving the end user experience for our staff and ensuring the appropriate information is available at the point of care. We will train staff in the management of the systems in-house so we are not reliant on external resource to meet the needs of the clinical and corporate workforce.

Project Management and Service Development

By integrating Business as Usual (BAU) support into Project Management, we will provide consistent points of contact for projects and ensure that organisational knowledge is retained. We will develop an expert Project Management workforce, formally trained with the skills to meet the needs of a changing technology landscape. We will provide an on-call triage service for out of hours calls and additional support for clinical teams, reducing the costs associated with third party suppliers.

Libraries and Knowledge Services (LKS)

LKS assist the clinical workforce to underpin clinical practice through provision of an evidence base and will seek to expand the digital technologies used to provide information to staff across all platforms that are available. We will continue to provide information and evidence based resources to support the strategic ambitions of the Trust in terms of corporate services delivery models.

